

Meals & Nutrition Counseling

Community Supports in partnership with













OUR SERVICES



Medically Tailored Meals

- 2 meals/day for 12 weeks or more
- Home delivered
- · Fresh fruit included
- Diets include heart healthy, diabetic, kidney friendly, dialysis friendly, gastrointestinal, chopped, vegetarian, and more!



Medical Nutrition Therapy

- one-on-one sessions with a Registered Dietitian
- learn tips to improve diet and health



OUR FOCUS

We believe that food is love and food is medicine. We have over 35 years of experience in the medically tailored meal space.



WHY CHOOSE US?

- We make it easy for you! Refer your patients with our universal one-page referral form.
- We communicate with the care team any updates regarding your patients.

ELIGIBILITY

 Chronic illness such as diabetes, cardiovascular disorders, congestive heart failure, stroke, chronic lung disorders, kidney disease, HIV/AIDS, or cancer

CONTACT US



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